

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 8 : Psychology of Adjustment

Course (Paper) Unique Code CORE 1601270101040801
 Course (Paper) Unique Code ELECTIVE-1 1601270201040801
 Course (Paper) Unique Code ELECTIVE-2 1601270301040801

External Exam Time Duration:

Name of course	Semester	Core/Elective/ Allied/Practical /Project	Course/P aper code	Course/Paper Title	Credit	Internal Marks	External Marks	Total Exam Marks	External Exam Time Duration
S.Y.B.A.	IV	Core	CCT-08	Psychology of Adjustment	03	30	70	100	

Course Objectives:

This course should help Students:

1. To impart knowledge about the normality
2. To make students understand the nature and course of various adjustment conditions
3. To impart knowledge and skills needed for psychological assessment of different adjustment conditions
4. To impart various of personal adjustments.

Course Outline :

Unit-1: Personal Adjustment

- ~ Introduction
- ~ Definition and Meaning of Adjustment
- ~ Characteristic of Adjustment
- ~ Process of Adjustment
- ~ Improvement of Adjustment

Unit : 2 Family Adjustment

- ~ Introduction
- ~ Meaning of Family
- ~ Function of Family
- ~ Family Problem
- ~ Suggestions for Family Adjustment

Unit : 3 School Adjustment

- ~ School-A New Experience
- ~ Relation between Home and School
- ~ Relation between Teacher and Student
- ~ Factor affecting in Education

Unit : 4 Vocational Adjustment

- ~ Factors Effecting of Vocation Choice
- ~ Factors Effecting of Vacation Satisfaction
- ~ Be Woman Vocation

Unit : 5 Psycho-Sexual Adjustment

- ~ Attitudes for Sexuality
- ~ Attitudes for Love
- ~ Choice of Life Partner
- ~ Why did same People no Marriage ?

References :

- ~ Lamm A. Introduction to Psychopathology, Sage Pub. N.Y. 1997
- ~ Buss A.H. Psychopathology, John Willey N.Y. 1999
- ~ Lehner & Kube, Dynamics of Personal Adjustment,
Prentice Hall N.Y. 1996
- ~ Sorenson H. and Molm M. Psychology for Living
Megralo Hill N. Y. 1997
- ~ Bernard H. "Toward Better Personal Adjustment
NCGrew Hill N.Y. 1957
- ~ મનોરોગશાસ્ત્ર અને વૈયકિતક સમાયોજનનું મનોવિજ્ઞાન – સી. જમનાદાસ – ટિપક શાહ
કુંભાણી, જમકુબેન, સોજીત્રા, કગથરા, ભાલાળા, ડાહાણીયા, નસિત
- ~ The Dynamic of Personal Adjustment – Lehner & Kube

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 8 : Community Psychology

Course (Paper) Unique Code CORE 1601270101040802
Course (Paper) Unique Code ELECTIVE-1 1601270201040802
Course (Paper) Unique Code ELECTIVE-2 1601270301040802

External Exam Time Duration:

Name of course	Semester	Core/Elective/ Allied/Practical /Project	Course/P aper code	Course/Paper Title	Credit	Internal Marks	External Marks	Total Exam Marks	External Exam Time Duration
S.Y.B.A.	IV	Elective	ECT-08	Community Psychology	03	30	70	100	

Course Objectives:

This course should help Students:

1. To impart knowledge about the normality
2. To impart various of personal adjustments.

Course Outline :

Unit-1: Introduction to Community Psychology

- ~ Introduction
- ~ Community Psychology
- ~ A shift of perspective
- ~ Seven Basic Value in Community Psychology

Unit : 2 Development of Community Psychology

- ~ Development of Community Psychology
- ~ Personality Science in Psychology
- ~ Cultural perspective in Psychology
- ~ Community Psychology Emerges intyers in America
- ~ Social Change and Liberty Movement

Unit : 3 Aim of Community Research

- ~ Question for Community Research
- ~ Community Participation and collaboration in research decision

Unit : 4 Method of Community Research

- ~ Question are method
- ~ Quantitative Method

Unit : 5 Understanding Community

- ~ What is Community
- ~ Types of Community
- ~ Levels of Community
- ~ Question and issues defining of Community

References :

- ~ Delton – Elis, Wandersman – Community Psychology
- ~ Davis Drive, Bolmoant C.A. – Higher Execution
- ~ જનસમુદાય મનોવિજ્ઞાન – ડો. અરવિંદ શાહ, શ્રીમતી એ. એસ. ચૌધરી

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 9 : Social Psychology-2

Course (Paper) Unique Code CORE 1601270101040901

Course (Paper) Unique Code ELECTIVE-1 1601270201040901

Course (Paper) Unique Code ELECTIVE-2 1601270301040901

External Exam Time Duration:

Name of course	Semester	Core/Elective/ Allied/Practical /Project	Course/P aper code	Course/Paper Title	Credit	Internal Marks	External Marks	Total Exam Marks	External Exam Time Duration
S.Y.B.A.	IV	Core	CCT-09	Social Psychology-2	03	30	70	100	

Course Objectives:

This course should help Students:

1. Appreciate how individual behaviour is influenced by Social and Cultural Context.
2. Understand how social behaviour can be analysed in terms of Social Psychological Theories
3. Realise how Social Psychological knowledge can be used in Solving Social Problems.

Course Outline :

Unit-1: Meaning, Characteristics of Prejudice

- ~ Formation of Prejudice
- ~ Results of Prejudice
- ~ Method of Reducing Prejudice

Unit : 2 Propaganda

- ~ Meaning of Propaganda
- ~ Technique of Propaganda

Unit : 3 Groups

- ~ Meaning of Group
- ~ Nature of Group
- ~ Types of Group

Unit : 4 Leadership

- ~ Meaning of Leader and Leadership
- ~ Functions of Leader
- ~ Types of Leader

Unit : 5 Collective Behaviour

- ~ Meaning of Crowd
- ~ Characteristics of Crowd
- ~ Meaning and Nature of Fashion
- ~ Why peoples accept Fashion ?
- ~ Psychology of Rumours

Referents Books :

- ~ સમાજલક્ષી મનોવિજ્ઞાન – સી. જમનાદાસ એન્ડ કું., ટિપક શાહ, ભાલાળા, ચોલા, નંદાણીયા
- ~ Social Psychology – Soloman Asch
- ~ An Outline of Social Psychology – Sheriff & Sheriff
- ~ Social Psychology – I. M. Newcomb
- ~ સમાજલક્ષી મનોવિજ્ઞાન – રાજકમલ પ્રકાશન – હંસરાજ ભાટીયા
- ~ Social Psychology – Jamnadas & Co., Dr. Bhalara, Dr. Dadhaniya,
Dr. Jarsaniya
- ~ સમાજલક્ષી મનોવિજ્ઞાન – જમનાદાસની કંપની – સારડા, શાહ, ભટ્ટ, ત્રિવેદી

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 9 : Health Psychology-2

Course (Paper) Unique Code CORE 1601270101040902

Course (Paper) Unique Code ELECTIVE-1 1601270201040902

Course (Paper) Unique Code ELECTIVE-2 1601270301040902

External Exam Time Duration:

Name of course	Semester	Core/Elective/ Allied/Practical /Project	Course/P aper code	Course/Paper Title	Credit	Internal Marks	External Marks	Total Exam Marks	External Exam Time Duration
S.Y.B.A.	IV	Elective	ECT-09	Health Psychology-2	03	30	70	100	

Course Objectives:

This course should help Students:

1. Appreciate how individual behaviour is influenced by Health and Cultural Context.
2. Understand how social behaviour can be analysed in terms of Health Psychological Theories
3. Realise how Health Psychological knowledge can be used in Solving Health Problems.

Course Outline :

Unit-1 Introduction to Health Psychology

- ~ Introduction
- ~ Definition of Health Psychology
- ~ Definition of Health Psychology
- ~ Development of Health Psychology
- ~ Nature of Health Psychology

Unit : 2 Models of Health

- ~ Biopsychosocial Model
- ~ Biomedical Model
- ~ Psycho-cultural Model
- ~ Health Belief Model

Unit : 3 Lifestyle and Health

- ~ The Theory of Reasoned Action
- ~ Health Seeking Behavior
- ~ The Theory of Planned Behavior
- ~ Self Regulation Theory
- ~ Indian views of Health

Unit : 4 Health Promoting and Health Damaging Behavior

- ~ Promoting Behavior
- ~ Damaging Behavior

Unit : 5 Health Related Disease

- ~ Stress
- ~ Heart Disease
- ~ Diabetes

Reference :

- ~ Alams and Abrams : "Health Psychology"
La Jolla ca University, 1983
- ~ Shelley Talyor, "Health Psychology" M.C. Graw Hill,
New Delhi, 2003
- ~ Fridman : "Health Psychology" Prentice Hall, N.W. 1989
- ~ David Marks, "Health Psychology" Sage Publication, 2004
- ~ Mathur S. "Health Psychology" Vinod Publication, Agra
- ~ आरोग्यनुं मनोविज्ञान, डॉ. आर. छ. परमार, आर.सी. परमार, आर. जे. सैयद

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 10 : System and Theory of Psychology-2

Course (Paper) Unique Code CORE 1601270101041000

External Exam Time Duration:

Name of course	Semester	Core/Elective/ Allied/Practical /Project	Course/P aper code	Course/Paper Title	Credit	Internal Marks	External Marks	Total Exam Marks	External Exam Time Duration
S.Y.B.A.	IV	Core	CCT-10	System and Theory of Psychology-2	03	30	70	100	

Course Objectives:

This course should help Students:

1. To impart knowledge about the systems of Psychology.
2. To make students understand the nature and course of various schools of Psychology

Course Outline :

Unit-1 : Gestaltism

- ~ Meaning
- ~ Principal of Gestalt Psychology
- ~ Laws of Organization in Perception
- ~ Contribution of Wertheimer, Kohler, Koffka

Unit : 2 Filed Theory

- ~ Filed Theory and Life Space Theory
- ~ Contribution of Kurt Lewin

Unit : 3 Psycho-Analysis-I

- ~ Basic Introduction of Psycho-Analysis
- ~ Principal of Psycho-Analysis (Singmand Frued)

Unit : 4 Psycho-Analysis-II

- ~ Adler's Individual Psychology
- ~ Principals of Psycho-Analysis by Adler
- ~ Jung's Analytical Psychology
- ~ Contribution of Alder and Jung in Psychology

Unit : 5 Hormic Psychology

- ~ Introduction of Purposivism
- ~ Theory of Medougall

Reference :

- ~ Woolman B. : Conteporary Theories and Systems of Psychology
Harpea Publishing Co. N. Y. 1960
- ~ Theory and System. B.A. Parikh, Uni. Granth Nirman Board
- ~ Dr. B.A. Parikh : Siddhanto and Sampradayo, Uni.
Granth Nirman Board
- ~ Woodworth – School of Psychology
- ~ કે. ડી. પંડયા – મનોવિજ્ઞાન વિચારધારા ગ્રંથ નિર્માણ બોર્ડ

– સેમેસ્ટર – ૪ પૂર્ણ –